



# **SUPER CHILL**



**CHAT CARDS**

**CHAT CARDS**

# CHAT CARDS



When were you super happy today?

And why?



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What was your dream last night about?

And, do you dream about this often?



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Can you think of a moment when you  
thought,

‘Wow, I’m really proud of this!’?



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When was the last time you felt a little sad?

What did you do to feel better?



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If you had to describe yourself in three words,

which words would you choose?



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Imagine: you have a superpower!

What would you want to change with  
that?



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With whom do you feel completely yourself, comfortable?



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What do you like doing most after school?

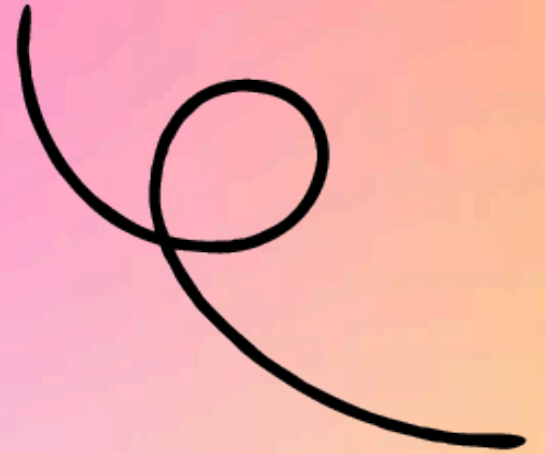


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Did anyone help you at school today?

And how did that make you feel?



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What do you like best about  
friendship?

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